

PRESCRIPTION STIMULANT ABUSE IS A GROWING CONCERN AND PUBLIC HEALTH ISSUE. We recently conducted a survey to learn more

about prescription stimulant use among young adults (ages 18 to 28). The findings are below.

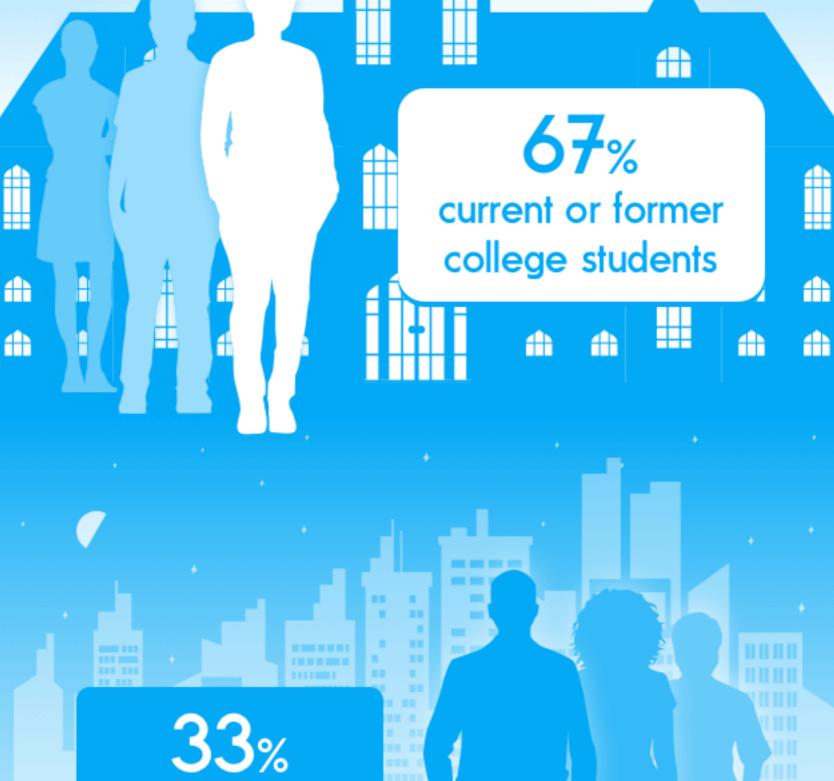
56% of young adults have misused or diverted their PRESCRIPTION STIMULANTS

Words participants used to describe how

prescription stimulants helped them:

AWAKE FOCUS

BENEFIT ALBEIT CONCENTRATE WHO'S USING?



REASONS FOR USE **ADHD**

STAYING AWAKE / ALERT

4.3%

STUDYING

OTHER

48%

never been

to college

RECREATIONAL 11.8% TO FEEL BETTER 8.2% HOW

28.8%

GET

FAMILY

16%

24.9%

17.5%

STIMULANTS

WEIGHT LOSS 4.6% **PEOPLE**

FRIENDS

DRUG DEALERS CLASSMATES 4% 3% A VARIETY OF **SOURCES**

28%

UNDERSTANDING THE RISK unfamiliar with legal ramifications

42%

40%

West

of taking a prescription stimulant

unfamiliar with negative long-

ramifications of selling or giving

away prescription stimulants

and short-term side effects

without a prescription

unfamiliar with legal

SIMULANT ABUSE &

Midwest

32%

Northeast

32%

South 23% SOGRAPHIC LOCATION

they're prescribed by medical professionals. However, the misuse of prescription stimulants can lead to addiction, heart problems, seizures, and even psychosis. [1] SIGNS OF ABUSE INCLUDE:

STIMULANT ABUSE

Many people think stimulant medications are safe because

GET HELP FOR

LOSS OF **DEPRESSION** INSOMNIA **APPETITE**

SECRETIVE

BEHAVIOR

IRRITABILITY

you know is abusing PRESCRIPTION STIMULANTS a number of different programs available to help you recover.

> Talk to your doctor or an addiction treatment professional about which type of program is right for you.

If you or someone

FATIGUE

DrugAbuse.com

Substance Abuse and Addiction Treatment

SOURCES

Survey information: Survey conducted by Recovery Brands from August 2 to August 8, 2016 and included 1,071 respondents between the ages of 18 to 28. [1]. National Institute on Drug Abuse. (2014). What are the possible

consequences of stimulant use and abuse? https://www.drugabuse.gov/publications/research-reports/prescriptiondrugs/stimulants/what-are-possible-consequences-stimulant-use-abuse

COVERY BRANDS