

PRESCRIPTION STIMULANT ABUSE AMONG YOUNG ADULTS

PRESCRIPTION STIMULANT ABUSE IS A GROWING CONCERN AND PUBLIC HEALTH ISSUE.

We recently conducted a survey to learn more about prescription stimulant use among young adults (ages 18 to 28). The findings are below.

56% of young adults have misused or diverted their PRESCRIPTION STIMULANTS

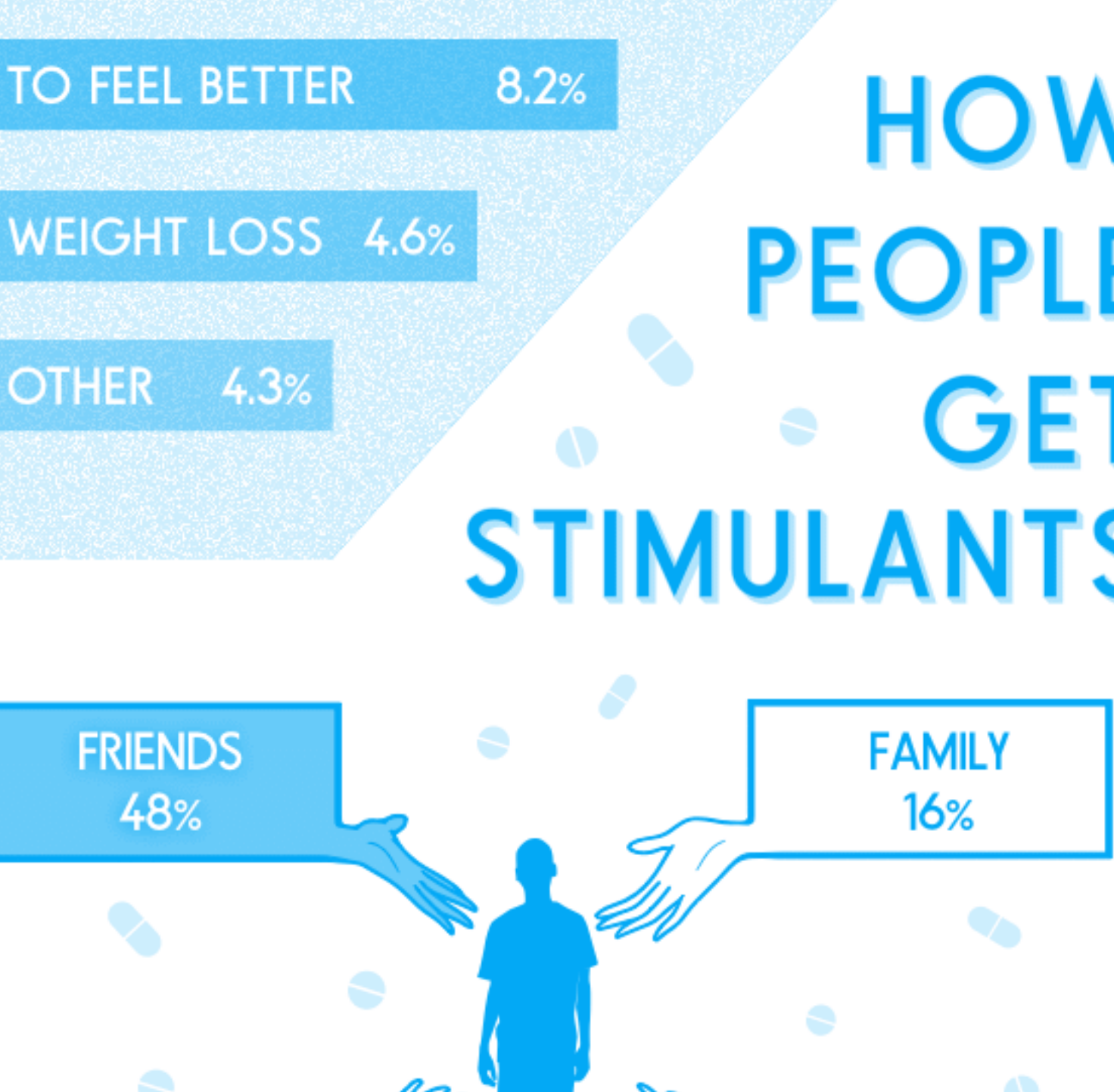
Words participants used to describe how prescription stimulants helped them:

**AWAKE FOCUS
BENEFIT ALERT
CONCENTRATE**

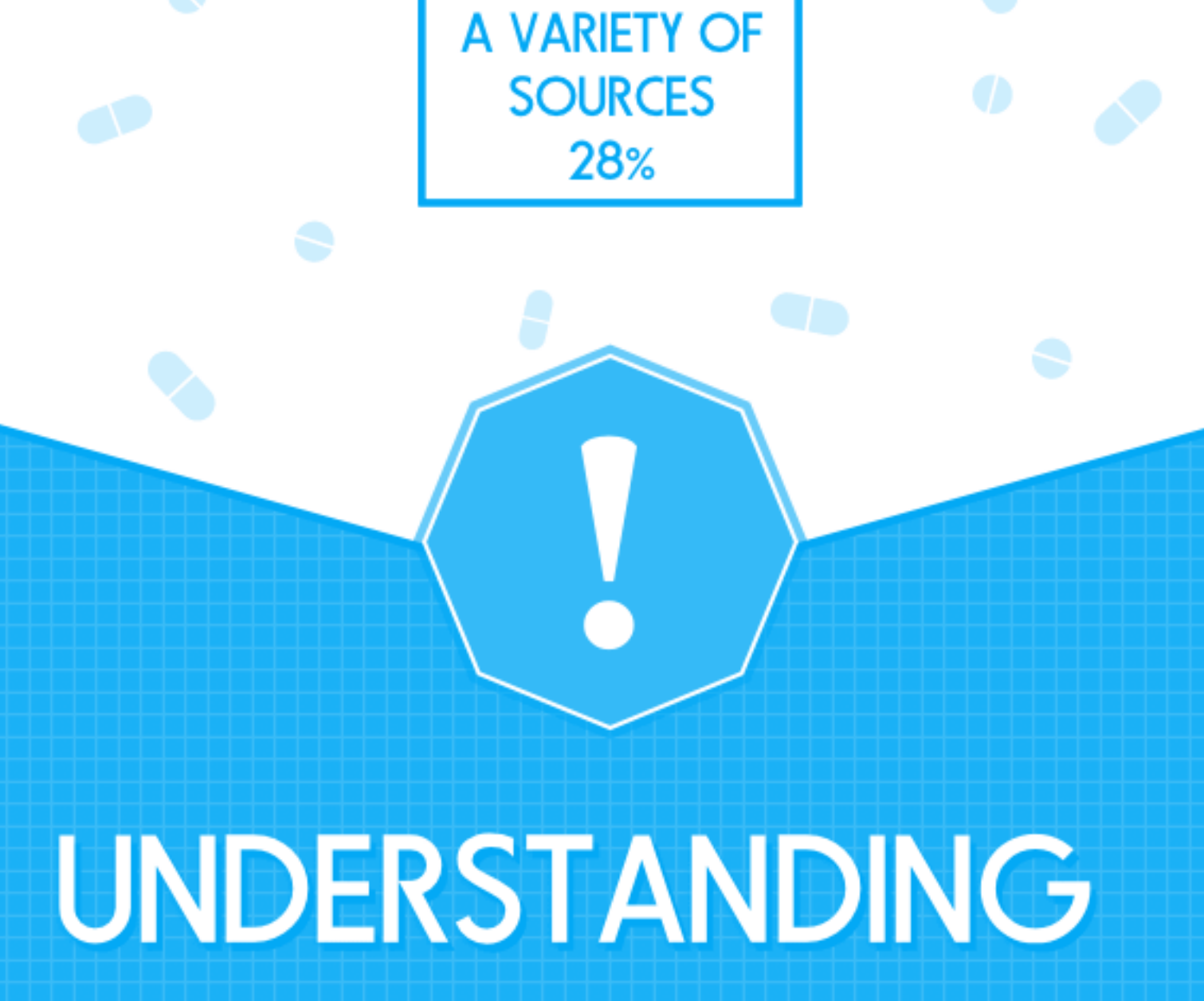
67% current or former college students

33% never been to college

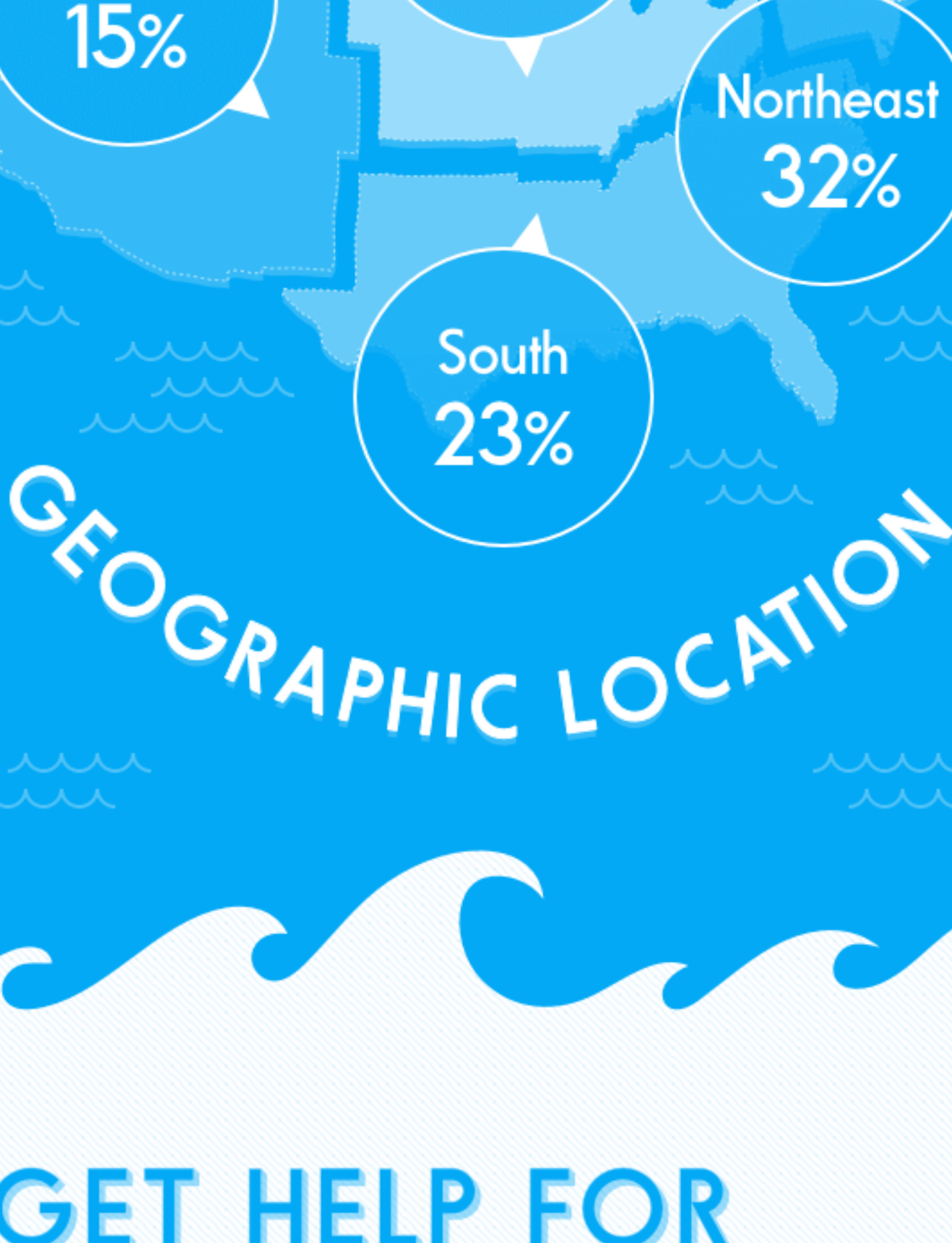
REASONS FOR USE



HOW PEOPLE GET STIMULANTS



UNDERSTANDING THE RISK



GET HELP FOR STIMULANT ABUSE

Many people think stimulant medications are safe because they're prescribed by medical professionals. However, the misuse of prescription stimulants can lead to addiction, heart problems, seizures, and even psychosis. [1]

SIGNS OF ABUSE INCLUDE:



If you or someone you know is abusing **PRESCRIPTION STIMULANTS** a number of different programs available to help you recover.

Talk to your doctor or an addiction treatment professional about which type of program is right for you.

SOURCES
 Survey Information: Survey conducted by Recovery Brands from August 2 to August 8, 2016 and included 1,071 respondents between the ages of 18 to 28.
 [1]. National Institute on Drug Abuse. (2014). What are the possible consequences of stimulant use and abuse? <https://www.drugabuse.gov/publications/research-reports/prescription-drugs/stimulants/what-are-possible-consequences-stimulant-use-abuse>