Prescription Stimulant Abuse: A Look at the Facts

56% of young adults ages 18-29 believe prescription stimulants are a safer choice than illegal drugs.

Awake, Focus, Benefit: Why Do You Concentrate?

- 33% of users believe they can concentrate better
- 31% report increased energy
- 28% believe they can work or study harder

Who's Using?

- 69% of college-aged students have used prescription stimulants
- 71% of those users have self-medicated

Reasons for Use

- To improve academic performance
- To improve focus
- To improve energy levels

How People Get Stimulants

- 57% through friends
- 28% through prescription

Understanding the Risk

- 80% of users who abuse prescription stimulants are at risk for addiction
- 44% report they are at risk for physical dependence
- 40% report they are at risk for psychological dependence

Stimulant Abuse by Geographic Location

- 30% in the South
- 26% in the Northeast
- 24% in the Midwest
- 19% in the West

Get Help for Stimulant Abuse

- Contact a healthcare professional
- Visit a substance abuse treatment program
- Call a support hotline

Sources of Abuse

- Prescription stimulants
- Street drugs
- Over-the-counter medications

Prevalence of Abuse

- 10% of college students
- 2% of high school students

Risk Factors

- Age
- Gender
- Family history

If you or someone you know is struggling with prescription stimulant abuse, seek help immediately.

[Image of a person receiving support]

[Logo of a support organization]